

ShaRK 400m 2026: Session: 1: Startlist per athlete for TEAM: WST

Coachinfo: Warming up from: 12:20 untill 13:25. Teamleadmeeting @ 13:00

The listed starttimes are indicative!

Coaches: Mertens Wenke

Coaches: Van Olmen Jill

PB => Personal Best time

Athlete: DE FLEURQUIN LOWIE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 11-12	5	3	5	06:14.79	no time	16:30

Athlete: DOUWEN MON

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 11-12	5	2	3	06:27.73	no time	16:25

Athlete: GYULNAZARYAN MAX

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M MEDLEY MEN 11+	2	3	5	05:18.96	05:34.49	14:10

Athlete: VAN WAELDEREN KAREL

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 11-12	5	3	1	06:21.22	no time	16:30

Athlete: VAN WAELDEREN THOMAS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M MEDLEY MEN 11+	2	3	2	04:58.90	05:07.02	14:10